# Hillside Elementary Physical Education Discipline Plan 2014-2015 

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Our Physical Education program focuses on the development of the whole child in collaboration with the classroom teacher and the TEKS for Physical Education. Rules

1. Treat others as you want to be treated.
2. No talking during Verbal Instruction and/or directions.
3. Keep all body parts to yourself.

## Consequences

1. Verbal Warning
2. Verbal warning and conduct mark in grade book.
3. Alternate activity for 5 minutes away from other students. Conduct mark as well as note sent home to Parent/guardian.
4. Alternate activity for remainder of class. Parent/guardian notified by phone call.
5. Referral to Administration
6. Severe Violation Clause - A student will be sent to the office for any act, which, under teacher discretion, is considered a serious disruption of the educational process.
*Alternate activity will vary depending on current unit.
Please complete the following information, and sign. Please return the bottom portion only.



## A Little More Physical Education Information

Our Hillside Physical Education Department appreciates your cooperation, and support. We looking forward to another great year with all our students.

## Being excused from Physical Education (District Policy)

The policy states that parents may only excuse students for 3 consecutive days. An illness or injury exceeding 3 continuous days must be medically excused by a doctor. Student must bring a note from home with exact dates to be excused to the school nurse before class. The nurse will give the student a note to bring to be with the exact dates that the student is excused from class participation.

## Proper Dress Attire for Physical Education

Shoes - Shoes should be appropriate athletic sneakers (no open toed shoes, dress shoes, sandals, or platform shoes). Shoes should not fall off during activity.
Students must be able to run in their shoes.
Clothing - During certain activities students will be sitting or lying down on the blacktop or floor, shorts must be worn under dresses or skirts. Students participate in Physical Education every day, so please consider this when students dress for school.
*If students are not wearing appropriate attire they will be unable to participate and it will affect their grade.

## Recommended Precautions for outdoor activities:

Cap/Visor
Water bottle (labeled with child's name, filled only with water)
Sunscreen
Sunglasses

